



Lung Function Laboratory

15/11/23

To the ANZSRS Board,

I'd like to thank ANZSRS for supporting my attendance at the European Practicum for Cardiopulmonary Exercise Testing (CPET) in Bad Oeynhausen, Germany, via the 2023 Advanced Education Grant.

My exposure to CPET has been mainly 'in-house' and I was looking forward to evaluating and improving our practice along with answering some questions from the laboratory.

The practicum began with a couple of background sessions, which over the three days progressed into updates to practice, and sessions with ranging in focus from cardiology, pre-operative, exercise physiology and respiratory. The range of sessions really demonstrated the utility of CPET from many different perspectives.

There were multiple practical sessions where delegates were split into groups based on experience level and/or primary focus. These practical sessions were performed on 4 different pieces of equipment, which was great to be able to see the technical testing differences between equipment, sites, and countries.

I am keen to apply my new understanding practically and look forward to sharing all this information with my team. The course has also given me direction for further self-directed learning, and I am looking forward to doing a lot more reading, especially about some of the impressive current research!

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Kelsey Johnson'.

Kelsey Johnson
Senior Medical Scientist
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