



Waitematā
District Health Board

Best Care for Everyone

To the ANZSRS Board

Re: Advanced Education Grant: October 2018

Many thanks for the award of the ANZSRS Advanced Education Grant for October 2018. I used this to help fund my attendance at the Harbor-UCLA Cardiopulmonary Exercise Testing Practicum that was held on the 10-12th October 2019 in Los Angeles.

This was an outstanding learning experience and covered all aspects of exercise testing from basic physiological principles through to the practicalities of performing the tests and interpretation of the results. The level of teaching was first class and there was plenty of opportunity to chat with the faculty in between sessions to discuss topics in more detail. Many of the tutors on the course are pre-eminent names in the field of physiology which only added to the value of the course. I would highly recommend this practicum to anyone interested in exercise physiology.

I have been able to apply much of what I learned from the course into my day-to-day work as well as pass on this knowledge to junior members of staff in our laboratory, as such, I am very grateful to the ANZSRS for helping finance this opportunity.

Best Regards

Ewan Morris

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